
Blaine High School is here to Support You!

— 2021-2022 School Year —

You are valued at Blaine High School

Your social and emotional well-being is our top priority. We recognize that the last few years have been different and even difficult at times. In the same way we care for our physical health, each of us deserves to care for our mental health.

If you are feeling down, depressed, have lost interest in activities or events that you used to enjoy, you may benefit from talking to someone.

You are not alone. We are here to listen and connect you with tools and resources to support your wellness.

**If you know something, say
something.**

You are not alone.

We are here to help.

Administrative Team (Located in the Main Office)

Mr. Barnette
Assistant Principal



Students Last Name
(A - D)

Ms. Schultz
Assistant Principal



Students Last Name
(E - K)

Ms. Hall
Assistant Principal



Students Last Name
(L - R)

Mr. Drewlo
Assistant Principal



Students Last Name
(S - W)

Ms. Flemming
Assistant Principal



Students Last Name
(X - Z and all
CEMS Students)

Mr. Paske
Principal



Mr. Gerrety
*Assistant Principal
for Activities*



School Counseling Team (Located in the Main Office)

Ms. Wilson

Counselor

Students Last Name
(A - Cn)



Ms. Boren

Counselor

Students Last Name
(Co - Ha)



Ms. Bonin

Counselor

Students Last Name
(Hb - L)



Ms. Richels

Counselor

Students Last Name
(M - Q)



Ms. Weisbrich

Counselor

Students Last Name
(R - Tq)



Ms. Oldre

Counselor

Students Last Name
(Tr - Z and CEMS S - Z)



Ms. Fjeld

Counselor

Students Last Name
(CEMS A - R)



Additional Support Staff

Ms. Pohl

*Student Achievement
Advisor*

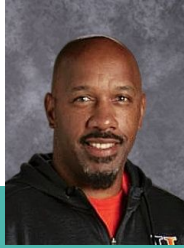
*(Located in the Support Center off
the main lobby)*



Mr. Giles

*Student Achievement
Advisor*

*(Located in the Support Center off
the main lobby)*



Mr. Boos

Interventionist



Ms. Murlowski

*School Psychologist
(Office located in the North
Commons)*



Ms. Geiss

Social Worker

*(Office located in the Media
Center)*



Ms. Pena

Nurse

(Located in Health Services)



Officer Vang

School Liaison Officer

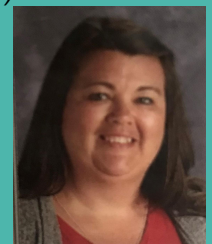
(Located in the main office)



Ms. Lindl

Indian Education Advisor

*(Located in the Support Center off
the main lobby)*



How do you access support?

Ready to connect? Unsure of what to do?

Stop into the main office and ask to meet with your counselor or assistant principal.

Be sure to mention if you need immediate support or are okay making an appointment.

Resources if you, or someone you know are experiencing a mental health crisis

Call 911 if you or someone else is in immediate, physical danger.

For Anoka County Mobile Crisis Response Service, call **763-755-3801**. The call is free. Available 24 hours/day, 7 days/week.

For Hennepin County Mobile Crisis, 24 hours/day, 7 days/week, call

Children (up to 18): 612-348-2233

Adults (18+): 612-596-1223

[Metro Children's Crisis Response Services](#)

Resources if you, or someone you know are experiencing a mental health crisis

Text HOME to 741741 to be connected with a counselor who will help defuse the crisis and connect the texter to local resources. Available 24 hours/day, 7 days/week.

National Suicide Prevention Lifeline: **1-800-273-8255**

Spanish: 1-888-628-9454

Available 24 hours/day, 7 days/week.

Minnesota Warmline is available for anyone who is struggling with anxiety, loneliness, and social isolation, especially during this challenging time. **Call 877-404-3190 toll-free or text "Support" to 85511** from 5 p.m. - 10 p.m. Certified Peer Specialists are here to listen; here to help.

YOU MATTER.

TALK TO US.



No concern is too small.

People call to talk about: substance use, economic worries, relationships, mental and physical illness, and more.

Call or text for free and confidential help if you or someone you know is struggling.



1-800-273-TALK(8255)



Text MN to 741741

ORIG: TEXT LINK |

NATIONAL
SUICIDE
PREVENTION
LIFELINE
1-800-273-TALK(8255)
www.suicideline.org

mn
MIND & LIFE

YOU MATTER TO Blaine High School!!!